

Cooper Colson #51

How long have you played for?

4 years. I started playing when Mum wanted me to play a team sport.

What teams do you play for?

Aberfeldie Jets under 16s

Keilor Thunder under 16.2 team

Vic Metro

NITP Squad (National Intensive Training Program – you must be nominated by a rep club, its skills training for talented kids)

Who has influenced your basketball?

Mainly my coaches and parents.

Advice you'd give others...

- Give your maximum effort
- Take risks and try things, doesn't matter if it doesn't work the first time it's how you improve.

Advice you'd give to young basketballers starting...

Always try your best. If you are told something by your coach, take the advice on and try and do it.

Your training per week & commitment

About 6.5 hours per week dedicated to training. It's a big commitment from my parents and my family. I have 2 sisters who play basketball and netball so it's a lot of driving around and time at night with training & games. I also have some early morning training @6.15am before school.

Why do you love basketball?

I gave up football to concentrate more on my basketball because I enjoy it more. I love playing domestic with my Jets team which are all my mates. I love the coaches and being with friends at training & games. I feel the culture at basketball involves family which I enjoy as well. I love playing!